

Dear Parent, if your baby or child is just starting solids, please complete the following information

Name of your child: _____ / Class: _____

How many meals you'd like for your child to eat at Bambini? _____ Which are those meals? _____

Please cross the foods you'd like us to HOLD OFF from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

June

2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	04 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	05 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	06 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	07 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango
10 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	11 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	12 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	13 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	14 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Orange
17 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	18 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pumpkin	19 CLOSED	20 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	21 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi
24 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	25 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	26 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango	27 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	28 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Breakfast

Dear Parent, if your baby or child is just starting solids, please complete the following information

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June

2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Carrots	04 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Avocado	05 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Green Beans	06 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Zucchini	07 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Yellow squash
10 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Sweet potato	11 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Beets	12 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Peas	13 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Carrots	14 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Spinach
17 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Beets	18 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Carrots	19 CLOSED	20 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Zucchini	21 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Avocado
24 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Squash	25 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Carrots	26 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Sweet potato	27 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Beets	28 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Spinach

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷ Lentils



Infant Lunch

Dear Parent, if your baby or child is just starting solids, please complete the following information

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June

2024



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
03	04	05	06	07					
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Papaya					
10	11	12	13	14					
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blueberries	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi					
17	18	19	20	21					
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	CLOSED	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries					
24	25	26	27	28					
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blueberries	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Raspberries	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Papaya					

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Snack