

For those parents who have children with allergies or food restrictions, please complete the following information

Name of your child: _____ / Class: _____

How many meals you'd like for your child to eat at Bambini? _____ Which are those meals? _____

Please cross the foods you'd like us to HOLD OFF from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

February

2024



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
29 Cereal Banana Milk ^{1*}	30 Hard Boiled Egg ² Pancake ¹²³⁶ Pineapple Milk ^{1*}	01 Whole Wheat Pita Bread ³⁶ Cream Cheese ¹ Melon Milk ^{1*}	01 Oatmeal ¹ Raisins Orange Milk ^{1*}	02 Cereal Melon Milk ^{1*}
05 Cereal Orange Milk ^{1*}	06 Chicken Sausage Patty Pancake ¹²³⁶ Melon Milk ^{1*}	07 Yogurt ¹ Banana Milk ^{1*}	08 Oatmeal ¹ Raisins Pineapple Milk ^{1*}	09 Cereal Melon Milk ^{1*}
12 Cereal Orange Milk ^{1*}	13 Hard Boiled Egg ² Whole wheat bread ³⁶ Melon Milk ^{1*}	14 Whole Wheat Pita Bread ³⁶ Cream Cheese ¹ Pineapple Milk ^{1*}	15 Oatmeal ¹ Raisins Melon Milk ^{1*}	16 Cereal Banana Milk ^{1*}
19 CLOSED	20 Cereal Orange Milk ^{1*}	21 Turkey Sausage Patty Whole grain waffle ¹²³⁶ Banana Milk ^{1*}	22 Yogurt ¹ Melon Milk ^{1*}	23 Oatmeal ¹ Raisins Pineapple Milk ^{1*}
26 Cereal Banana Milk ^{1*}	27 Hard Boiled Egg ² Pancake ¹²³⁶ Pineapple Milk ^{1*}	28 Whole Wheat Pita Bread ³⁶ Cream Cheese ¹ Melon Milk ^{1*}	29 Oatmeal ¹ Raisins Orange Milk ^{1*}	Cereal Melon Milk ^{1*}

Notes: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷ Lentils

*Milk: 1 yr-old children (Unflavored Whole Milk)
2-5 yrs-old (Unflavored 1% Milk)

This institution is an equal opportunity provider



Breakfast

For those parents who have children with allergies or food restrictions, please complete the following information

Name of your child: _____ / Class: _____

How many meals you'd like for your child to eat at Bambini? _____ Which are those meals? _____

Please cross the foods you'd like us to HOLD OFF from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

February

2024



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
29 Black Beans ⁵ Green Salad Brown rice Apple Milk* ¹	30 Chicken Alfredo w/ ww pasta & broccoli ¹³ Green Salad Pineapple Milk* ¹	31 Beef Fried Rice w/ peas & carrots Cucumbers Melon Milk* ¹	01 Chicken Paella w/ green beans & peppers Green Salad Melon Milk* ¹	02 Ethiopian Chickpeas w/ carrots & spinach ⁵ Brown rice Orange Milk* ¹
05 Garbanzo Fried Rice w/ peas & carrots ⁵ Green Salad Melon Milk* ¹	06 Beef Bolognese Whole wheat pasta ³ Orange Milk* ¹	07 Beef Stir Fry w/ zucchini Barley & Quinoa ³ Banana Milk* ¹	08 Chicken Pesto Pasta w/ tomatotes, cheese & spinach ¹³ Green Salad Pineapple Milk* ¹	09 Chicken Legs Peas & carrots Whole Wheat Roll ³⁶ Melon Milk* ¹
12 Lentils w/ carrots & spinach ⁷ Brown rice Apple Milk* ¹	13 Baked ww ziti pasta w/ bee, cheese & diced tomatoes ¹³ Cucumbers Pineapple Milk* ¹	14 Black Beans ⁵ Green Salad Brown rice Orange Milk* ¹	15 Beef & bean tacos w/ tomatoes ⁵ Lettuce & cheese ¹ Whole wheat tortilla ³⁶ Melon Milk* ¹	16 Chicken Legs Corn Whole Wheat Roll ³⁶ Melon Milk* ¹
19 CLOSED	20 Mac & cheese ¹³ Green Salad Apple Milk* ¹	21 Beef Stir Fry w/ green beans Brown rice Banana Milk* ¹	22 Chicken Ratatouille w/zucchini,peppers & tomatoes Barley & Quinoa ³ Orange Milk* ¹	23 Vegetable Quiche ¹² Green Salad WW bread ³⁶ Melon Milk* ¹
26 Vegetarian Chili w/ corn & tomatoes ⁵ Brown rice Apple Milk* ¹	27 Chicken Chow Mein w/ vegetables ³ Green Salad Melon Milk* ¹	28 Beef Stir Fry w/ green beans Barley & Quinoa ³ Orange Milk* ¹	29 Beef Bolognese Whole wheat pasta ³ Banana Milk* ¹	01 Tuna Fried rice w/ peas & carrots ⁴ Cucumbers Pineapple Milk* ¹

Notes: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils

Green: Local Products

*Milk: 1 yr-old children (Unflavored Whole Milk)

2-5 yrs-old (Unflavored 1% Milk)

This institution is an equal opportunity provider.



Lunch

For those parents who have children with allergies or food restrictions, please complete the following information

Name of your child: _____ / **Class:** _____

How many meals you'd like for your child to eat at Bambini? _____ **Which are those meals?** _____

Please cross the foods you'd like us to HOLD OFF from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

February

Calendar Month

2024

Calendar Year

NíaCentral
CATERING

Fresh meals for early learners

Monday	Tuesday	Wednesday	Thursday	Friday
29 Mixed Fruits Orange/Papaya	30 Yogurt ¹ Raspberries/ Strawberries	31 Carrots & cucumbers Ranch dressing ¹²⁶	01 Rice Pudding ¹	02 Pita Bread ³ Hummus ⁵
05 Carrots & cucumbers Ranch dressing ¹²⁶	06 Rice Pudding ¹	07 Mozzarella cheese ¹ Tomato/cucumber	08 Mixed Fruits Pear/ Kiwi	09 Yogurt ¹ Raspberries/ Strawberries
12 Mozzarella cheese ¹ Tomato/cucumber	13 Mixed Fruits Blackberries/Blueberries	14 Carrots & cucumbers Ranch dressing ¹²⁶	15 Yogurt ¹ Raspberries/ Strawberries	16 Pita Bread ³ Cheese & turkey ham ¹
19 CLOSED	20 Mozzarella cheese ¹ Tomato/cucumber	21 Mixed Fruits Orange/Papaya	22 Pita Bread ³ Hummus ⁵	23 Rice pudding ¹
26 Mozzarella cheese ¹ Tomato/cucumber	27 Pita Bread ³ Cheese & turkey ham ¹	28 Mixed Fruits Orange/Strawberries	29 Rice pudding ¹	01 Mixed Fruits Kiwi/Mango

Notes: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy



Snack