

Dear Parent, if your baby or child is just starting solids, please complete the following information

**Name of your child:** \_\_\_\_\_ / **Class:** \_\_\_\_\_

**How many meals you'd like for your child to eat at Bambini?** \_\_\_\_\_ **Which are those meals?** \_\_\_\_\_

Please cross the foods you'd like us to HOLD OFF from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

# November 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	<b>29</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	<b>30</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Prune	<b>31</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	<b>01</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango
<b>04</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	<b>05</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	<b>06</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	<b>07</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Prune	<b>08</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Orange
<b>11</b> <b>CLOSED</b>	<b>12</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pumpkin	<b>13</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	<b>14</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	<b>15</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi
<b>18</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	<b>19</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	<b>20</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	<b>21</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Prune	<b>22</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Orange
<b>25</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	<b>26</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	<b>27</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Prune	<b>28</b> <b>CLOSED</b>	<b>29</b> <b>CLOSED</b>

**Note: This menu is subject to change**

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup> Lentils



## Infant Breakfast

Dear Parent, if your baby or child is just starting solids, please complete the following information

Name of your child: \_\_\_\_\_ / Class: \_\_\_\_\_

How many meals you'd like for your child to eat at Bambini? \_\_\_\_\_ Which are those meals? \_\_\_\_\_

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# November 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, White beans, Avocado	29 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Carrots	30 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Green Beans	31 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Beets	01 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Yellow squash
04 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Sweet potato	05 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Carrots	06 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Broccoli	07 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Beets	08 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Spinach
11 <b>CLOSED</b>	12 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Beets	13 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, White beans, Spinach	14 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Zucchini	15 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Potatoes
18 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Carrots	19 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Egg, Avocado	20 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Broccoli	21 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Beets	22 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Red beans, Yellow squash
25 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Garbanzo beans, Sweet potato	26 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Spinach	27 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Green Beans	28 <b>CLOSED</b>	29 <b>CLOSED</b>

Note: This menu is subject to change

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup>Lentils



## Infant Lunch

Dear Parent, if your baby or child is just starting solids, please complete the following information

**Name of your child:** \_\_\_\_\_ / **Class:** \_\_\_\_\_

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# November 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blueberries	<b>29</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango & Cottage Cheese <sup>1</sup>	<b>30</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	<b>31</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	<b>01</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Papaya
<b>04</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	<b>05</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt <sup>1</sup>	<b>06</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blueberries	<b>07</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries	<b>08</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi
<b>11</b> <b>CLOSED</b>	<b>12</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Papaya	<b>13</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	<b>14</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt <sup>1</sup>	<b>15</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries
<b>18</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	<b>19</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt <sup>1</sup>	<b>20</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blueberries	<b>21</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries	<b>22</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi
<b>25</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	<b>26</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango & Cottage Cheese <sup>1</sup>	<b>27</b> 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	<b>28</b> <b>CLOSED</b>	<b>29</b> <b>CLOSED</b>

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<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup>Lentils



## Infant Snack