

For those parents who have children with allergies or food restrictions, please complete the following information

Name of your child: _____ / Class: _____

How many meals you'd like for your child to eat at Bambini? _____ Which are those meals? _____

Please cross the foods you'd like us to HOLD OFF from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

May

2024



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
29 Cereal Orange Milk ^{1*}	30 Hard Boiled Egg ² Pancake ¹²³⁶ Pineapple Milk ^{1*}	01 Yogurt ¹ Melon Milk ^{1*}	02 Oatmeal ¹ Raisins Melon Milk ^{1*}	03 Cereal Banana Milk ^{1*}
06 Cereal Orange Milk ^{1*}	07 Turkey Sausage Patty Whole grain waffle ¹²³⁶ Melon Milk ^{1*}	08 Whole Wheat Bread ³⁶ Cream Cheese ¹ Banana Milk ^{1*}	09 Oatmeal ¹ Raisins Pineapple Milk ^{1*}	10 Cereal Melon Milk ^{1*}
13 Cereal Orange Milk ^{1*}	14 Chicken Sausage Patty Whole wheat bread ³⁶ Melon Milk ^{1*}	15 Yogurt ¹ Pineapple Milk ^{1*}	16 Oatmeal ¹ Raisins Melon Milk ^{1*}	17 Cereal Banana Milk ^{1*}
20 Cereal Orange Milk ^{1*}	21 Turkey Sausage Patty Whole grain waffle ¹²³⁶ Banana Milk ^{1*}	22 Whole Wheat Pita Bread ³⁶ Cream Cheese ¹ Melon Milk ^{1*}	23 Oatmeal ¹ Raisins Pineapple Milk ^{1*}	24 Cereal Melon Milk ^{1*}
27 CLOSED	28 Cereal Orange Milk ^{1*}	29 Hard Boiled Egg ² Pancake ¹²³⁶ Pineapple Milk ^{1*}	30 Yogurt ¹ Melon Milk ^{1*}	31 Oatmeal ¹ Raisins Banana Milk ^{1*}

Notes: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷ Lentils

*Milk: 1 yr-old children (Unflavored Whole Milk)
2-5 yrs-old (Unflavored 1% Milk)

This institution is an equal opportunity provider



Breakfast

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Monday	Tuesday	Wednesday	Thursday	Friday
29 Vegetarian Chili w/ corn & tomatoes ⁵ Brown rice Apple Milk* ¹	30 Baked Ziti pasta w/ beef, cheese & tomatoes ¹³ Cucumbers Melon Milk* ¹	01 Chicken Legs Peas & carrots Whole Wheat Roll ³⁶ Orange Milk* ¹	02 Beef w/ cabbage & diced tomatoes Brown rice Pineapple Milk* ¹	03 Tofu Fried rice w/ peas & carrots ⁶ Green Salad Strawberries Milk* ¹
06 Garbanzo Fried Rice w/ peas & carrots ⁵ Green Salad Apple Milk* ¹	07 Beef & corn tacos w/ tomatoes Lettuce & cheese ¹ Whole wheat tortilla ³⁶ Orange Milk* ¹	08 Lentils w/ carrots & spinach ⁷ Brown rice Banana Milk* ¹	09 Chicken Low Mein w/ vegetables ³ Green Salad Pineapple Milk* ¹	10 Chicken Legs Corn Whole Wheat Roll ³⁶ Strawberries Milk* ¹
13 Black beans ⁵ Brown rice Green Salad Apple Milk* ¹	14 Beef Lo Mein w/ vegetables ³ Cucumbers Orange Milk* ¹	15 Chicken fajitas w/ carrots & peppers Whole wheat tortilla ³⁶ Pineapple Milk* ¹	16 Beef Fried Rice w/ peas & carrots Green Salad Melon Milk* ¹	17 Spanish Tortilla ¹² Green Salad WW bread ³⁶ Strawberries Milk* ¹
20 WW pasta w/ creamy garbanzo & tomato sauce ³⁵ Green Salad Apple Milk* ¹	21 Beef Stir Fry w/ sweet potatoes Brown rice Banana Milk* ¹	22 Chicken paella w/ green beans & peppers Cucumbers Orange Milk* ¹	23 Beef Bolognese Whole wheat pasta ³ Pineapple Milk* ¹	24 Open Beef Hamburger Lettuce & tomato Bun ³⁶ Strawberries Milk* ¹
27 CLOSED	28 Black beans ⁵ Brown rice Green Salad Apple Milk* ¹	29 Baked Ziti pasta w/ beef, cheese & tomatoes ¹³ Cucumbers Melon Milk* ¹	30 Lentils w/ carrots & spinach ⁷ Brown rice Orange Milk* ¹	31 Beef w/ cabbage & diced tomatoes Brown rice Strawberries Milk* ¹

Notes: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils

Green: Local Products

*Milk: 1 yr-old children (Unflavored Whole Milk)

2-5 yrs-old (Unflavored 1% Milk)

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Lunch

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NíaCentral
CATERING

Fresh meals for early learners

Monday	Tuesday	Wednesday	Thursday	Friday
29 Mixed Fruits Orange/Papaya	30 Yogurt ¹ Raspberries/ Strawberries	01 Carrots & cucumbers Ranch dressing ¹²⁶	02 Rice Pudding ¹	03 Pita Bread ³ Hummus ⁵
06 Carrots & cucumbers Ranch dressing ¹²⁶	07 Rice Pudding ¹	08 Mixed berries Galletas Ritz ³⁶	09 Mixed Fruits Mango/ Kiwi	10 Yogurt ¹ Raspberries/ Strawberries
13 Mozzarella cheese ¹ Tomato/cucumber	14 Mixed Fruits Blackberries/Blueberries	15 Carrots & cucumbers Ranch dressing ¹²⁶	16 Yogurt ¹ Raspberries/ Strawberries	17 String cheese ¹ Galletas Ritz ³⁶
20 Pita Bread ³ Hummus ⁵	21 Mozzarella cheese ¹ Tomato/cucumber	22 Mixed Fruits Orange/Papaya	23 Yogurt ¹ Kiwi/ Strawberries	24 Rice pudding ¹
27 CLOSED	28 String cheese ¹ Galletas Ritz ³⁶	29 Mixed Fruits Orange/Banana	30 Rice pudding ¹	31 Carrots & cucumbers Ranch dressing ¹²⁶

Notes: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy



Snack