

Dear Parent, if your baby or child is just starting solids, please complete the following information

Name of your child: _____ / **Class:** _____

How many meals you'd like for your child to eat at Bambini? _____ **Which are those meals?** _____

Please cross the foods you'd like us to HOLD OFF from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

February

2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	30 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	31 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	01 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	02 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango
05 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pear	06 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	07 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	08 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	09 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Orange
12 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	13 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pumpkin	14 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	15 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pear	16 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi
19 CLOSED	20 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	21 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango	22 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	23 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana
26 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	27 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	28 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	29 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	01 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Breakfast

Dear Parent, if your baby or child is just starting solids, please complete the following information

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February

2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Sweet potato	30 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Avocado	31 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Green Beans	01 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Zucchini	02 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Yellow squash
05 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Sweet potato	06 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Beets	07 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Peas	09 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Carrots	10 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Green Beans
12 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Beets	13 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Carrots	14 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Spinach	15 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Zucchini	16 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Avocado
19 CLOSED	20 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Squash	21 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Sweet potato	22 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Squash	23 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Beets
26 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Sweet potato	27 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Avocado	28 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Green Beans	29 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Zucchini	01 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Carrots

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Lunch

Dear Parent, if your baby or child is just starting solids, please complete the following information

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February

2024



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
29	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	30	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	31	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	01	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries	02	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Papaya
05	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	06	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	07	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pear	08	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries	09	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi
12	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	13	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	14	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	15	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	16	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries
19	CLOSED	20	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	21	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pear	22	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	23	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Papaya
26	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	27	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	28	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	29	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries	01	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Papaya

Note: This menu is subject to change

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Infant Snack