

Dear Parent, if your baby or child is just starting solids, please complete the following information

Name of your child: _____ / **Class:** _____

How many meals you'd like for your child to eat at Bambini? _____ **Which are those meals?** _____

Please cross the foods you'd like us to HOLD OFF from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

July

2024



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
01	02	03	04	05					
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	CLOSED	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango					
08	09	10	11	12					
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Orange					
15	16	17	18	19					
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pumpkin	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Kiwi					
22	23	24	25	26					
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana					
29	30	31	01	02					
0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Mango					

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Breakfast

Dear Parent, if your baby or child is just starting solids, please complete the following information

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July

2024



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
01	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Carrots	02	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Avocado	03	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Green Beans	04 CLOSED		05	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Yellow squash
08	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Sweet potato	09	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Beets	10	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Peas	11	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Carrots	12	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Spinach
15	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Beets	16	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Carrots	17	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Spinach	18	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Zucchini	19	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Avocado
22	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Squash	23	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Carrots	24	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Sweet potato	25	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Beets	26	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Spinach
29	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Sweet potato	30	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Spinach	31	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Green Beans	01	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Beets	02	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Carrots

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Lunch

Dear Parent, if your baby or child is just starting solids, please complete the following information

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July

2024



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
01	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	02	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	03	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	CLOSED		04	
08	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	09	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	10	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blueberries	11	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries	12	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Papaya
15	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	16	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	17	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	18	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	19	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries
22	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blueberries	23	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	24	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Raspberries	25	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	26	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Papaya
29	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Strawberries	30	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	31	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	01	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries	02	0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Papaya

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Snack