

Dear Parent, if your baby or child is just starting solids, please complete the following information

Name of your child: _____ / **Class:** _____

How many meals you'd like for your child to eat at Bambini? _____ **Which are those meals?** _____

Please circle or cross the foods you'd like us to hold off from offering your baby until further notice. Remember that all allergens (fish, eggs, lentils, soy, pineapple, berries, wheat, milk and hummus, due to sesame seeds) will need to be tried at least three times at home and we'll need approval from you, before we can offer them to your baby at our center. Thanks for your attention and for helping us to keep your child healthy and safe!

October

2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
04 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	05 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	06 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	07 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pear	08 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana
11 CLOSED	12 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pear	13 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	14 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	15 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon
18 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	19 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	20 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon	21 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	22 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pear
25 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	26 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	27 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Pear	28 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	29 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Melon

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Breakfast

Dear Parent, if your baby or child is just starting solids, please complete the following information

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October

2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
04 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Spinach	05 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Squash	06 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Peas	07 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Beets	08 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Carrots
11 CLOSED	12 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Beets	13 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Squash	14 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Tomato	15 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Carrots
18 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Squash	19 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Beets	20 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Carrots	21 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Spinach	22 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Broccoli
25 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beans, Beets	26 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Green beans	27 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Beef, Carrots	28 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Lentils, Spinach	29 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Chicken, Avocado

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Lunch

Dear Parent, if your baby or child is just starting solids, please complete the following information

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October

2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
04 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Carrots	05 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	06 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Banana	07 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	08 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹
11 CLOSED	12 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	13 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹	14 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	15 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Blackberries
18 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	19 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	20 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	21 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	22 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹
25 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Sweet Potato	26 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Bread ³ and Cheese ¹	27 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Avocado	28 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Apple	29 0-5: Breastmilk or Formula 6-11: Breastmilk or Formula, Yogurt ¹

Note: This menu is subject to change

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷Lentils



Infant Snack